<table>
<thead>
<tr>
<th>TABLE OF CONTENTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Welcome</td>
</tr>
<tr>
<td>Blessing for Allies and Loved Ones</td>
</tr>
<tr>
<td>Shehecheyanu for Gathering</td>
</tr>
<tr>
<td>Blessing for Wearing a Tallit</td>
</tr>
<tr>
<td>La Orasion de la Mujer</td>
</tr>
<tr>
<td>Candle Lighting</td>
</tr>
<tr>
<td>Or Zarua</td>
</tr>
<tr>
<td>Kol Nidre</td>
</tr>
<tr>
<td>Glint</td>
</tr>
<tr>
<td>Love is all There Is / Barchu</td>
</tr>
<tr>
<td>Sh’ma</td>
</tr>
<tr>
<td>V’ahavta / And You Will Love</td>
</tr>
<tr>
<td>Mi Chamochah</td>
</tr>
<tr>
<td>Let There Be Love / Hashkiveinu</td>
</tr>
<tr>
<td>Shiviti</td>
</tr>
<tr>
<td>Amidah / Inside the Holy of Holies</td>
</tr>
<tr>
<td>Oseh Shalom</td>
</tr>
<tr>
<td>Unetaneh Tokef / The Heart of it All</td>
</tr>
<tr>
<td>Ashamnu / We are Responsible</td>
</tr>
<tr>
<td>Al Cheit / Healing Our Relationship with Ourselves</td>
</tr>
<tr>
<td>Al Mitzvah Shekiyamnu / For the Mitzvah We Fulfilled</td>
</tr>
<tr>
<td>Avinu Malkeinu / Our Source and Strength of Life</td>
</tr>
<tr>
<td>Tree of Life Healing Prayer</td>
</tr>
<tr>
<td>Mourner’s Kaddish</td>
</tr>
<tr>
<td>Aleinu / Olam Hesed Yibaneh / We Will Build This World</td>
</tr>
<tr>
<td>Teshuva / Return</td>
</tr>
</tbody>
</table>
WELCOME: YOUR PRESENCE IS A BLESSING

We are so grateful to gather for these High Holidays with you. Whether you’re joining us online or in the tent, we hope this time together uplifts your spirit and brings you joy.

At Judaism Your Way, we’re an open tent, embracing everyone who seeks a connection to Jewish life. Whether this is your first or your 100th time in Jewish space, we welcome you exactly as you are, with only love and appreciation, and without judgment. We invite you to drop your shoulders, open your heart, take a deep breath, and simply be.

Rosh Hashanah celebrates the creation and re-creation of the world. May these services help us to commit more deeply to the necessary re-creation unfolding – personally, nationally, globally. Yom Kippur invites us to practice the healing power of teshuvah – returning to integrity, and recommitting to what is most meaningful and true in our lives.

Many of us struggle with a dominant metaphor of the Sacred: God as a big powerful man. Fortunately, Judaism offers a colorful palette of alternative metaphors for the Sacred: Place, Presence, Voice, Fire, Cloud, Water, Rock, Oneness, Wholeness, Love, and Emptiness. You’ll encounter these metaphors throughout our services, and we hope you find a metaphor that spiritually moves you.

If you are new to our community, welcome and don’t worry! Your service leaders will be your guides. Please take care of your needs, whatever they may be, during services. You’re welcome to get up, stretch, move, and wander if you want.

May our services help you connect deeply and return to joy during these High Holidays and throughout the year ahead.

L’shanah tovah! Blessings for a sweet new year.

Rabbi Caryn Aviv
Rabbi Amanda Schwartz
Student Rabbi Dan Yolles
BLESSING FOR ALLIES AND LOVED ONES

May everyone who shares in a Jewish life feel welcomed and integrated.

We are deeply grateful to all who have cast their lot with Jewish people, and for the love and support you give to your Jewish partners and families.

We know families come in all forms.

We offer thanks to those who are raising children with Judaism.

We are a very small people, and history has made us smaller.

We pray with all our hearts that the gifts and blessings you have given to your family, to the Jewish community, and to Jewish people will come back to you and fill your life with joy and fulfillment.

Adapted from Rabbi Janet Marder

SHEHECHEYANU FOR GATHERING

בָּרוּךְ אַתָּה יהוה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם
שֶׁהָחֵי וְקִיְּמֵנִי וּהִגִּיעֵנִי לַזְּמַן הַזֶּה.

Baruch atah Adonai eloheinu melech ha-olam shehecheyanu v’kiy’manu v’higianu lazman hazeh.

Blessed is the Flow of Being, giving us life, sustaining us, and bringing us to this moment.

Music by Dan Yolles
BLESSING FOR WEARING A TALLIT

As you gather the tzitzit to the center,
Open to your own fringes, the edges, margins and knots.
Open to immerse in wholeness, in shalom.

As you hold the tzitzit, open your heart wide.
Open yourself to welcome, to offer shalom for all beings
At the edges, the margins, and those in exile, refugees.
Open to all beings at the fringes of our worlds.

Open to the wisdom
Of compassion and courage.
Breathe deep, and honor the powers of sacred presence.

Sharon Shosh Lulyanit

ברוך אתה יהוה אלוהינו מלך העולם
אשר קדשנו במצוותיו וTimeStringנו להתחשב בציון:  
Baruch atah Adonai, Eloheinu melech ha-olam, asher kidshanu b'mitzvotav vitzivanu l’hitateif ba-tzitzit.

Blessed are You, Life Unfolding, our God, in this place and this time, wrapping us in holiness and love within the tallit.
LA ORACIÓN DE LA MUJER

Kun estas kandelas
With these candles
Arrogamos al Dio
We pray to the Source
El Dio de nuestros padres
The God of our fathers
Avram, Isak i Yakov
Abraham, Isaac, and Jacob
Ke muz de vida saludoza
To grant a good, whole life
A todos miz keriduz
To all my dear ones
I al mundo intero
And the whole world

Kun estas kandelas
With these candles
Arrogamos al Dio
We pray to the Source
El Dio de nuestros padres
The God of our fathers
Avram, Isak i Yakov
Abraham, Isaac, and Jacob
Ke muz de vida saludoza
To grant a good, whole life
A todos miz keriduz
To all my dear ones
I al mundo intero
And the whole world

CANDLE LIGHTING

ברוך אתה יהוה אלהינו מלך העולם אשר קדשו氪 חמשה במצוותינו
זוזו למדליים נר של יום הכפורים:

Baruch atah Adonai eloheinu melech ha-olam asher kid-shanu b’mitz-votav v’tzivanu l’hadlik ner shel Yom ha-Kippurim.

Blessed is Life Unfolding, bringing forgiveness to our lives with the mitzvah of kindling the lights of Yom Kippur.

6
KOL NIDRE

כָּל נִדְרֵא וֶאֱסָרֵי וַחֲרָמֵי וְקוֹנֵָמי וְכִנּוּיֵי וְקִנּוּסֵי וּשׁבְוּעָתָנָא
דִנְדַּרְנָא וּדְאִשׁתַּבַּעְנָא וּדְאַחֲרִימְנָא וְדִיאֲסֲרְנָא עַל נַפְשׁתָנָא
מִיּוֹם כִּפּוּרִים זֶה עַד יֹום כִּפּוּרִים הָבָּא עָלֵינוּ לְטוֹבָה
כֻּלְהוֹן אִחֲרַטְנָא וְכֻּלְהוֹן יְהוֹן שֶׁרַנ שְׁבִיקִין שְׁבִיתִין
בְּטֵלִין וְּמְבֻטָּלִין לָא שׁרִירִין וְלָא שְׁבִיְהוּן שְׁבִיתְיִין
אֶסְכַּנְנָא לָא אִסְכַּנְנָא שְׁבוּעְתָןָא לָא שְׁבוּעְתָוּ

Kol nidrei v’esarei va-charamei v’konamei,
v’chinu-yei v’kinusei u-sh’vu-ot
dindarna u-d’ishtaba-na
u-d’acharimna v’di-asarna al nafshatana
mi-yom kippurim zeh ad yom kippurim
ha-ba aleinu l’tova.

Kul-hon i-charatna v’hon,
Kul-hon y’hon sharan,
sh’vikin, sh’vitin, b’teilin u-m’vutalin.
La sh’ririn v’la kayamin.
Nidrana la nidrei.
V’esarana la esarei.
U-sh’vuatana la sh’vu-ot.

All patterns, beliefs, and thought habits that we have adopted, assumed, and imposed upon ourselves, from this Yom Kippur until the next, may these come to us for good.

But if not, may we let them all go. Let them all be released, forgiven, erased, and made null and void. No longer valid and with no power. Our patterns no longer our patterns. Our habits no longer our habits. Our beliefs no longer our beliefs.

Translation by Rabbi Brian Field
GLINT

Beneath a sky of stars
in this time of great answering
I will sing
   my own brief poem.

If the bowl of the sky is a lens
on the infinite eye
all images pass through
I will seek
   mercy
among trees, branches, beings
all deserving care.

Because aren’t we all
swirling dust, flashing shards
from a broken vessel of hope
too vast be contained?

I will seek
   the glint in you,
some magnificent bit of shimmer
as we meet and warm ourselves
in presence.

I will ask
   what care can I bring
to my own brief glinting?

Cathy Cohen

LOVE IS ALL THERE IS / BARCHU

Love, love is all there is
Love is all there is
Love is all there is

Melody by Rabbi Andrew Hahn
Leader: Barchu et Adonai ham’vorach.
Community: Baruch Adonai ham’vorach l’olam va-ed.

Blessed is the Source of Infinite Blessing, which has many and no names, across time and space.

SH’MA

Sh’mayisrael Adonai eloheinu Adonai echad.
Baruch shem kevod malchuto le’olam va’ed.

Listen, all who wrestle with the Sacred, the Source of life unfolding is One. Blessed is Life Unfolding that shines through all space and time.

Deuteronomy 6:4
Melody by Dan Yolles

V’AHAVTA / AND YOU WILL LOVE

ואהבת את יהוה אלהיך בכל לבלובך ובכל נפשך ובכל 마음ך: והזחבם האלה אשר עאני מצא יהוה עלי בלובך: ושنوתם בלוניך: ודברתם ابنו באת ובלכתו בברך ובשקבך ובקימה: וקישתם לאות עלינו ויהי למשא בני עני: וכתבתם על עיניים: ביתך ובשעירה:

גנבים בביתך.
When you love with your whole heart, your whole being and all that you do, these teachings cannot help but connect your heart today - to your interactions with your children and in all the ways that you rest and move, dream, and wake. Therefore create practices to remind you to dedicate to love all you do with your hands, and conceive with your mind, bringing special awareness to the boundaries of your homes, your communities, and your imaginations.

*Deuteronomy 6:5-9*
*Translation by Rabbi Brian Field*

**MI CHAMOCHAH**

מִי כָּמֹכָה בָּאֵלִים יהוה: מִי כָּמֹכָה נֶאְדָר בַּקֹדֶש נוֹרָא תְהִלֹת

Mi chamochah b’eilim Adonai? Mi kamochah ne-dar bakodesh. Nora t’hilot oseh feleh.

Who is like You among all that people worship, Adonai? Who is like You, majestic in holiness, awesome in praise, doing wonders?

*Exodus 15*
LET THERE BE LOVE / HASHKIVEINU

Let there be love
And understanding among us.
Let peace and friendship
Be our shelter from life’s storms.
Let there be love
And understanding among us.
Let peace and friendship
Be our shelter from life’s storms.

Hashkiveinu
Adonai Eloheinu.
Hashkiveinu
L’shalom.

Chaim Stern
Music by Noah Aronson

SHIVITI

שׁוִּ֬יתִי יהוה לְנֶגְדִּ֣י תָמִ֑יד
May I open my heart always, in this moment, with love.

Shiviti Havaya le’negdi tamid.
Shiviti Havaya le’negdi tamid.

Havaya (x3), ahavah (x3), Havaya (x3), ahavah (x3)

Shiviti Havaya le’negdi tamid.

Shiviti Havaya le’negdi tamid.

Psalm 16:8
Music by Nava Tehila
Inside the Holy of Holies, I see
An empty room.
There is a roof on top of four walls
And a door with no windows.
We declare the inside, divine
And the outside, mundane.
This is arbitrary but ok with me,
I like holy separation.

Inside the Holy of Holies, I see
Hope.
People rise up, demanding action.
Investigators and organizers reject cynicism and despair.
We light candles, pray, and make change.
Everyone votes and democracy rules.
God manifests
And I rejoice.

Inside the Holy of Holies, I see
Myself.
Years of reflection allow me to make
A mostly honest evaluation of who and what I am.
I criticize myself appropriately.
I honor self-awareness,
Anything else is boring.

Inside the Holy of Holies, I see
The Infinite.
I meditate on the spirit of the universe.
And each breath is a prayer.
I feel the Presence,
I am unaware of the past and unworried about the future.
It is amazing.
I give thanks.

Inside the Holy of Holies, I see
The God I need to see.
Today God might be ancient wishful thinking.
And tomorrow, Avinu Malkeinu, that which will make miracles.
Next week, I’ll ponder the Fierce Mystery,
And the week after, I know the One-ness that is everywhere in all things.
Here I am.

Trisha Arlin
Ancestors

במדבר אתיה אליהם אתיהם אתים אתים, אתיהם אתיהם אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתים אתיםetag: "Ancestors" 13

Power

אתיה גיבור עלעולם אדונ, מחיה מתים אתה, אתה להושע. מכלך

חתים בקדש, מחיה מתים ברחמם רבם, סופר נופללים, וראפו

חותים, ממית ארוסים, וממית ארוסים, והםamedi לשלום עפר, הם כומרים בעל

 libertin וימי זמר ל, מלך מתים וממית מתים עם מתים שהמה ששהו:

מי כמור את הרקמים, זכור יצורי ולהם ברקמים. נאמה אתיה

לתקית מתים. במר אתיה, מחיה מתים:

Sanctification

אתיה קדוש שם קדוש, וקדושים בכל يتم יהלול כלله:

ובכן מצהחת יהי אלהינו על כל-מעשיו ויאימת את כל המרה-

שבארת וירואו כל-המעשים ויסחתו כלנכן-הלבובים ירוטם ווועוש

כלם ארצה אתיה לעולם וראו כלקב שולט כלמ היה שדעתו יהלינו

ששנחים לפגין על בדך וגרה בימינו שלמה נחר על כל-מרה-

שבארת:

ובכן מצה金华 יהי אלהינו לעינה ותקיוו ו作品内容 פה

לMuiılmב כל שמחה עד ארצנו והочно להרגיש ופתוחה פה

dagiti שפתה ופי ויד תחלקה:
וכן צדיקים יראו אישמהו וישרימו עלינו המ滞后ים יбол עלה ויאלעה ב rallיתא.
ועלמה התחפשה פנים כל-허שת כל עשה תכלה יכ תשבור.

משמעת דוקי הנה: קדוש אתה אשר שמכ או הילך מבשלעם. כתובות: נביאי.
צברות במשפע והאל הקדוש נ더라도 בצקתה. בכר אתיה, המלך הקדוש.

Sanctifying This Day

אתה אהבתנו ואתית בונים, הקדשנים במשאותיקו וקרובנו מכלום
לצלובית, שמך ההגדול והקדוש עלינו קראת. והחמן לו, אלהינו, באהבה.

את-ימים הכסופרים הזה למלחה הכלילקה
לכספה הצלחת-וב זה-כל-הونة:
מקרא קשר זכר ליצאת מצרית.

אלניהו אלהיה-abotinım ואומתינו, יעלה ובה וגייז ויראה ורצה
וישמע ופקד ויקרЄכרון ופקדנו וקרור יבשותו ואומתינו וקרור
וימש המושיא וקרור על יראי שמד לקולת הצלבה לחם לחסד
לולחכים לחיים שלשלוםيوم ההכורוי / יום המכפרים הזה:

זכרו י אלהינו וב תלובה.פקדנו וב לבכר וחושعضو בו לחימם.
ובדברишע יךְמיהו חוס והנהו ורחש עלינו והשיאנו כי אלהי,
עונה כי מלך חסן להמה אהת.

אלניהו אלהיה-abotinım ואומתינו אל תשבוג ולא תטעון ולא
tכללו ולא תלר בריה.אול קרוב יתרחב לקדמנית ידמוד מнятиеי
ורומי קדמים. גם להבון ליראה את-שם ומול את-לבב ובא-앗חמכ
נוסח אלהי-בראתי-בכל-셨ל-ולמהי שמד ההגדול-המחל והטסה.
Acceptance

Ratz, yi Akev #yi, bishareli, lehad haplethes baahab khelek bezer,

otah lazor hemid behorot israel. (Rahotne uyinni beshorak liyizor

brakimis. Brur achte yi, mehakri yeshbok liyizor:

Thanksgiving

Moseim yagunot kli, shachah ovo, yi Akev #yi, avakim beyizor, lulelos

za, zuv thou, meneg yeshon, achtele ovo loder, vodeh kli naspar

thelakh, el thiyon mosorim bidik, unel shomotein hopkodot kli,

unel nosher shabkal im umon, uvel nefaotik unotukhi shvachel ut,

urav boker haerim, huto, ci laCel rahmi, omerote, ci la harmo

mesdik, musolom kenyi kli:

Shalom

Sholom reb ale kul helyalk shemem lulelos, ci, achate ovo melk ador

ekale hesholos. Tovos bachenik lebarko, ah ticherul otoh, ale lulelo,

bkekale ale bekale sheh merolok:

barkim, bachen, melk, melk, melk, melk, melk.

Anchten otoh acher sheh, lanim tovim osholos. Brur achate yi, vahesh

hesholos:
Open my lips, Beloved One, and let my mouth declare Your praise.

Blessed are You, Eternal our God, God of our ancestors, God of Abraham, God of Isaac, God of Jacob, God of Sarah, God of Rebecca, God of Rachel, and God of Leah, great, heroic, awesome God, supreme divinity, imparting deeds of loving-kindness, begetter of all, mindful of the devotion of our ancestors, bringing, with love, redemption to their children's children for the sake of the Sacred Name. Remember us for life, our sovereign, who wishes us to live, and write us in the Book of Life, for Your sake, ever-living God. Sovereign, our help, salvation, and protector: Blessed are You, Eternal, the shield of Abraham and the help of Sarah.

You are forever powerful, Almighty One, You bring the dead to life, abundant in Your saving acts. With loving-kindness You sustain the living, bringing the dead to life with great compassion, upholding those who fall, healing the sick, freeing the captive, and remaining steadfast to those who sleep in the dust. Who can compare to You, almighty God, who can resemble You, the source of life and death, who causes salvation to grow?

Who can compare to You, source of all compassion, remembering all creatures, decreeing life! You are faithful in giving life to the dead. Blessed are You, Source of Life, who brings the dead to life.

Holy are You. Your Name is holy. And all holy beings hail You each day.

And therefore, Holy One our God, let awe of You infuse the whole of creation, and let awareness of You dwell in all Your creatures. Let every being worship You. Let all of them, as one, enact Your bidding with a whole and peaceful heart. For we have always known, Holy One, that all authority to rule belongs to You, all strength is rooted in You. Your Name alone is the source of awe that surges through all life.

And therefore, Holy One, let awe of You infuse us, let the praise of You ring out from all who worship You. Let hope enliven all who seek You, and let all who look to You with hope find strength to speak. Grant joy throughout your land, let happiness resound throughout Your holy city, soon, and in our days.

And therefore, let the just rejoice and celebrate, let all who follow in Your path sing out, let all who love You dance with joy, and may Your power overwhelm all treachery, so that it vanish wholly from the earth like smoke. Then shall the power of injustice pass away from the earth.
Holy are You, and awe-inspiring is Your Name. There is no God apart from You, as it is written: “The Creator of the hosts of heaven shall be exalted through the rule of law, and God, the Holy One, will be made sacred by the reign of justice.” Blessed are You, Eternal One, the holy sovereign power.

Remember us this day, Eternal, our God, for goodness. Favor us this day with blessing. Preserve us this day for life. With Your redeeming, nurturing word, be kind and generous. Act tenderly on our behalf, and grant us success over all our trials. Truly, our eyes turn toward You, for You are a providing God, gracious and compassionate are You.

Our God, our ancients' God, do not forsake us, turn us away, cause us shame, nor nullify Your covenant with us, but bring us nearer to Your Torah, teach us Your mitzvot, instruct us in Your ways. Incline our hearts to treat Your name with awe, open us to Your love, and bring us back to You in truth, with whole hearts. And for the sake of Your great Name, be compassionate. Forgive us our wrongs this day of Atonement. As it is said: “I have made your sins vanish like a cloud and, like a mist, the things you have done wrong. Return to Me; it is I who have redeemed You!” And it is said: “For on this day, atonement shall be made for you, to make you free from all of your sins. Before the Eternal, you shall be pure.”

Our God, our ancients’ God, enable us to realize holiness with Your mitzvot, give us our portion in Your Torah, let us enjoy the good things of Your world, and gladden us with Your salvation. Refine our hearts to serve You truthfully. For You are a forgiving God in each and every generation. Apart from You we have no sovereign, none full of compassion and forgiveness, except You. Blessed are You, Forgiving One, sovereign of compassion and forgiveness for our wrong-doings, You who make our guilt pass away, year after year, the sovereign power over all the earth, who raises up the Day of Atonement and the people Israel to holiness.

Take pleasure, Eternal, our God, in Israel. Lovingly accept their prayer. May Israel’s worship always be acceptable to You. And may our eyes behold Your homecoming with compassionate intent, to Zion. Blessed are You, Faithful One, who brings Your presence home to Zion.

We give thanks to You that You are The All-Compassionate, our God, God of our ancestors, today and always. A firm, enduring source of life, to shield to us in time of trial, You are ever there, from age to age. We acknowledge You, declare Your praise, and thank You for our lives
entrusted to Your hand, our souls placed in Your care, for Your miracles that greet us every day, and for Your wonders and the good things that are with us every hour, morning, noon and night. Good One, whose kindness never stops, Compassionate One, whose loving acts have never failed - always have we placed our hope in You.

For all these things, Your Name be blessed and raised in honor always, sovereign of ours, forever. And write down for a good life all who share Your covenant. Let all of life acknowledge You! May all beings praise Your name in truth, O God, our rescue and our aid. Blessed are You, Compassionate One, whose Name is good, to whom all thanks are due.

Grant abundant peace eternally for the world. For You are the sovereign source of all peace. So may it be a good thing in Your eyes to bless Your people Israel, and all who dwell on earth, in every time and hour with Your peace.

In the book of life, blessing, and peace, and proper sustenance, may we be remembered and inscribed, we and all who are in awe of Your Name, for a good life and for peace. Blessed are You, Compassionate One, maker of peace.
OSEH SHALOM

May the one who creates harmony in our world make peace for us and for all Israel, and for all who live on Earth. And let us say, Amen.

UNETANEH TOKEF / THE HEART OF IT ALL

On Rosh HaShanah it is written, on Yom Kippur it is sealed:
That this year people will live and die, some more gently than others and nothing lives forever. But amidst overwhelming forces of nature and humankind, we still write our own Book of Life, and our actions are the words in it, and the stages of our lives are the chapters, and nothing goes unrecorded, ever.
So if not now, then when?
For the things we can change, there is t’shuvah, realignment,
For the things we cannot change, there is t’filah, prayer,
For the help we can give, there is tzedakah, justice.
Together, let us write a beautiful Book of Life
for the Holy One to read.

Every deed counts.
Everything you do matters.
And we never know what act or word
will leave an impression or tip the scale.

Rabbi Joseph B. Meszler
Melody by Yair Rosenbloom
ASHAMNU / WE ARE RESPONSIBLE

Ashamnu: We have hurt others.
Bagadnu: We have betrayed people who trusted us.
Gazalnu: We have stolen people's money, time or goodwill.
Dibarnu dofi: We have used words as weapons.
He-evinu: We have led others to wrongdoing.
V'hirshanu: We have encouraged others to commit wrong.
Zadnu: We have refused to admit our mistakes.
Chamasnu: We have manipulated other people.
Tafalnu sheker: We have preferred lies rather than truth.
Ya'aztnu ra: We have set bad examples.
Kizavnu: We have lied.
Latznu: We have demeaned others.
Maradnu: We have created drama.
Ni-atznu: We have lost integrity.
Sararnu: We have debased ourselves.
Avinu: We have been untruthful to get what we want.
Pashanu: We have ignored the needs of others.
Tzararnu: We have violated other people's boundaries.
Kishinu oref: We have hurt ourselves and others.
Rashanu: We have been violent.
Shichatnu: We have let our impulses rule us.
Ti-avnu: We have degraded ourselves.
Ta-inu: We have lost our way.
Ti-tanu: We have led others astray.
**AL CHEIT / HEALING OUR RELATIONSHIP WITH OURSELVES**

_**Al Cheit:** We get caught in old patters and paradigms..._

By allowing our bodies to be an afterthought too often and too easily;  
By eating in our cars and at our desks, mindlessly without blessing;  
By not embracing those who needed it, not allowing ourselves to be embraced;  
By letting our emotions run roughshod over the needs of others;  
By hiding love, out of fear of rejection, instead of giving love freely;  
By dwelling on what’s internal when the world is desperate for healing.  

For our failures of truth, for our failures of love, for our failures of justice,  
we ask forgiveness and the ability to overcome them.  

_覚え כלם אלוה סליחות סלח לנו מחל לנו כפר לנו:_  

_**V’al kulam eloah slichot:** S’lach lanu, m’chal lanu, kapper lanu._

By reading words of vitriol, cultivating hot indignation;  
By not considering another point of view;  
By letting anxiety rule us;  
By not being awake and grateful, despite uncountable blessings;  
By not being sufficiently gentle, with our actions or our language;  
By not being generous with our time, with our words, or with our being.  

For our failures of truth, for our failures of love, for our failures of justice,  
we ask forgiveness and the ability to overcome them.  

_覚え כלם אלוה סליחות סלח לנו מחל לנו כפר לנו:_  

_**V’al kulam eloah slichot:** S’lach lanu, m’chal lanu, kapper lanu._

Eternal Source of Forgiveness, help me know myself to be forgiven.  
Help me feel in my bones that I’m already at one with You.  

_English by Rabbi Rachel Barenblat_
AL MITZVAH SHEKIYAMNU / FOR THE MITZVAH WE FULFILLED

For the *mitzvah* we fulfilled by loving ourselves
And for the *mitzvah* we fulfilled by loving another person.

For the *mitzvah* we fulfilled by affirming our own strengths
And for the *mitzvah* we fulfilled by affirming the strengths of others.

For the *mitzvah* we fulfilled by being honest
And for the *mitzvah* we fulfilled by living our values.

For the *mitzvah* we fulfilled by standing up and speaking out
And for the *mitzvah* we fulfilled by being quiet and listening.

For the *mitzvah* we fulfilled by working for justice
And for the *mitzvah* we fulfilled by working for peace.

For the *mitzvah* we fulfilled by taking care of our planet
And for the *mitzvah* we fulfilled by working to end racism.

For the *mitzvah* we fulfilled by deepening our connection to truth
And for the *mitzvah* we fulfilled by teaching another person.

For the *mitzvah* we fulfilled by standing strong in our integrity
And for the *mitzvah* we fulfilled by considering another point of view.

For the *mitzvah* we fulfilled by interrupting an unhealthy habit
And for the *mitzvah* we fulfilled by trying something new.

For the *mitzvah* we fulfilled by bearing witness to our pain
And for the *mitzvah* we fulfilled by doing teshuvah.

For the *mitzvah* we fulfilled by holding ourselves accountable
And for the *mitzvah* we fulfilled by forgiving ourselves.

For the *mitzvah* we fulfilled by trusting ourselves
And for the *mitzvah* we fulfilled by not looking away.

For the *mitzvah* we fulfilled by forgiving another person
And for the *mitzvah* we fulfilled by letting go.

*Inspired by the High Holy Day Supplement of Congregation Mishkan Shalom, Philadelphia, PA*
Avinu Malkeinu, chaneinu va’aneinu (x2)
ki ein banu ma’asim
Asei imanu tzedakah va-chesed (x2)
v’hoshi-einu.

Our Creator, Our Guardian, be gracious and respond to us, for we have too few good deeds; act toward us with justice tempered by love, and help us be whole.

Our Compassionate One, Our Just One, forgive us for the sake of Your Name.
Our Rock, Our Redeemer, renew for us a good year.

Our Rescuer, Our Hope, help us find courage and hope within us.
Our Mother, Our Life’s Breath, remove from all your children disease, war, famine, exile and destruction.

Our Divine Presence, Our Soul, forgive us and help us forgive ourselves for all of our wrongdoing.
Our Help, Our Guide, may we return to you in whole hearted repentance.

Our Friend, Our Beloved, remember us with favor.
Our God, Our Leader, accept our prayer in favor and with mercy.

Our Mother, Our Life’s Breath, hear our voices, show us mercy and compassion.
Our Divine Presence, Our Soul, inscribe us in the book of reconciliation.

Our Eternal One, Our Redeemer, inscribe us in the book of merit.
Our Friend, Our Beloved, inscribe us in the book of good life.

Our Creator, Our Guardian, be gracious and respond to us, for we have too few good deeds; act toward us with justice tempered by love, and help us be whole.

Adapted from Kedem Congregation
TREE OF LIFE HEALING PRAYER

O sweet Spirit, hear my prayer
Help these words heal someone out there
I am but a voice, just a cry in the air
But I sing, nonetheless, in this pain we share

O sweet friends, come and dry your eyes
And hold each other by this Tree of Life
I’m angry and tired of this great divide
But I sing, nonetheless, with love on our side

Ana El na refa na la….
(Please G!d heal her now)

O sweet souls who feel broken now
We’ll heal together, somewhere, somehow
Time and again, we have been let down
But we sing, nonetheless, still whole and still proud

O sweet Spirit, hear my prayer
Help these words heal someone out there

Nefesh Mountain
Yitgadal v’yitkadosh sh’mei raba b’almah divra chirutei v’yamlich malchutei b’chay-eichen u-v’yom-eichon u-v’chaye’i d’chol be’it yisra-el ba-agala u-vizman kariv v’imru amein

Y’hei shmei rabah m’vorach l’alam ul-almei almaya.

Yitbaruch v’yishtabach v’it’pa-ar v’yitromam v’yitnasei v’yithadar v’yit-haleh v’yithalal sh’mei d’kudsha b’rich hu.

L’eilah, l’eilah mikol birchata v’shirata tush-b’chata v’nech’mata da-amiran b’alma v’imru amein.

Y’hei shlama raba min sh’maya v’chayim aleinu v’al kol yisra-el v’imru amein.

Oseh shalom bimromav hu ya-aseh shalom aleinu v’al kol yisra-el v’al kol yoshvei teivel v’imru amein.
We say the Great Name and imbue that Name with sacredness, in the world that the Divine created, unfolding in a plan we don’t yet fully understand. May the majesty of the Source be revealed to us in our days and in the life of all Israel and all living beings. And we say, Amen.

We bless that Great Name with the unfolding of life over and through time. We bless, we praise, we honor, we exalt, we extol, we celebrate, and we laud the name of the sacred One, beyond our capacity for words and songs of blessing, praise, and comfort, to which we say: Amen.

ALEINU / OLAM HESED YIBANEH / WE WILL BUILD THIS WORLD

Olam hesed yibaneh... yai dai dai (x4)

We will build this world from love... yai dai dai
And you must build this world from love... yai dai dai
And if we build this world from love... yai dai dai
Then G-d will build this world from love... yai dai dai

English Lyrics and Music by Rabbi Menachem Creditor
I will take a long look at me
And think about what it is I see
Have I been good to you?
Did I do all that I said I’d do?

Remembering the words I’ve used
Thinking about the times I was rude
If I am thankful for this gift
Let me say it with deeds, not just lips

It’s going to be a brave new year
Starting right now, right here
And I will be strong and stand up tall
Reach out for others when they fall
And I will rejoice in my faith
And remember that love is why we’re made
Be the very best that I can be
For the world and for me

Every day, we live our lives
Some days we let ourselves slide
And we forget our way
Thankfully it’s not too late
Avinu Malkeinu, Choneinu V’aneinu
I may have done wrong at times I know
But through my actions I will show

Teshuva... Teshuva...

Return... Return

Joe Buchanan
THANK YOU

We are incredibly grateful to the many individuals and organizations who partner with Judaism Your Way to make High Holidays possible both in person and online.

BOARD MEMBERS
Robin Chalecki, President
Bailey Denmark
Greg Ellenoff
Robert Klugman
Steven Leaffer
Brian Morgan
Melinda Quiat, Vice President
Jamie Sarche, Secretary
Anna Sher Simon
Eric Sondermann
Donald Sturm
Emily Sturm
Stephen Sturm
Susan Sturm, Treasurer

MUSICIANS & VOCALISTS
Tom Amend
Edward Contreras
Melissa Hoffman
Gabriel Mayer
Zoe Moff
Spencer Zweifel

ADDITIONAL SUPPORT
Tofer Breuer, ASL Interpretation
Jeff Greenstein, A/V Consulting
Ariela HaLevi, Yoga Instructor
Catalina Fox, Photography
Strat Labs, A Social Impact Agency

JUDAISM YOUR WAY STAFF
Jeremy Anderson,
Executive Director

Amy Kopkin Atkins,
Open Tent Be Mitzvah Educator
& Enrollment Manager

Rabbi Caryn Aviv,
Rabbinic & Program Director

Rachel Balows,
Communications & Engagement Manager

Maggi Junor,
Operations & Data Manger

Amy Leszman,
Development & Grants Senior Manager

Deborah Sarna,
Open Tent Be Mitzvah Educator
& Inclusion Specialist

Rabbi Amanda Schwartz,
Family Life Director

Dan Yolles,
Open Tent Be Mitzvah Educator & Rabbinic Intern
THANK YOU FOR SUPPORTING HIGH HOLIDAYS

Judaism Your Way’s 2022 High Holidays would not be possible without the significant contributions of our investors, partners, and donors. Thank you for supporting a thriving Jewish community and investing in our maximally inclusive open tent.

Sarah Abbott
Craig Aberle
Rachel Abrams
Nancy and Craig Abramson
Cindy Abramson
Susan and Larry Ach
Judith Ackerman
Frances and Jay Adler
Lawrence and Pamela Allen
Barbara Anastos
Jamie L. Anderson
Rose Appel
Jodie Applebaum
Hillary Arnold
Emily Aronow Frieden
Hannah Arredondo
Ellen Axelrod
Stacy Babbitt
Sarah Balows
Rachel and Ryan Balows
Teela Banker
Sadie Barocas
Mikaila and Michael Barton-Gavryn
Amy Bartoshesky
Erin Beals
Heidi Becker
Andy Becker
Amy Becker
Sam Becker
Sydney Beim
Carol and Melvin Beitscher
Abby and Michael Belasco
Julie Bellina
Keith Benedict
Mitchell Berdie
Jennifer Bergen
Molly Berger
Tamar Berkman
Lawrence Berkman
Sandi Berkowitz
Patrice Berlin Berry and Mark Berry
Jennifer Berry
Elena Berzon-Ezzell
Ethan Bialostok
Sara Rosenberg Bittorf
Susan Bitz Adler
Ari Blum
Karen Blumenstein and Lauren Engel
Mark Bodenstein
Donna Brash
Nancy and Marty Braunstein
Rochelle Braunstein
David Bright
Sarah Brin
Nancy and Benjamin Broder
Laurie Broder
Deborah Brodsky
Rachel Brody
Raphael Broh
Stanley Brown
Benjamin Brown
Suzanne Brunzie
Lisa Buechler
Lauren Bujosa
Karla Bukstein
Adam Burstein and Allyson Levine
Stephen Canges
Amy and Howard Cantor
Samantha Caravello
Michelle Carlow
Andy Carmel
Lesley Carmel
Barbara Carpenter
Aaron B. Chaleff
Laura Chambers
Jason Chaousy
Robin Chazdon
Kate and Fred Christopher
Ryan Clapp
Rachel Clarett
Rob Clyman
Lise Cohen
Lara Cohen
Jaime Cohen
Nancy Cohen
Cynthia Cohen
Jennifer Cohn
Adam Coll
Cindy Coons
Catherine Cooper
Taryn Covrigar
Leila Covrigar
Nancy Creskoff Maune
Jodi Cropper
Lori Crystal
Karli and Jeffry Cunningham
Allan Cutler and Karey Riemersma
Edward A. Dauer

Amy Davis
Kristi Dinner
Micah Dolcourt-Silver
Rachel Dorsey
Heather Dratler
Melanie Duchemin
Barbara Duchemin
Francine Dunaisky Eisenman
Jason and Abby Dvorkin
Michael Dweck
Nina Edelman
Bonnie and Ron Edelman
Wendy Eder and Andrew Simpson
Jessica Ehinger
Susan and Carl Eisdorfer
Allan and Karen Eisenbahm
Victor Elioff
Tamara Ellenhorn
John Elliott
Mark Ellyne
Karen Fox Elwell
Amy Engelman
Andrea England
Marta Rosa Erlijman
Julie and Eric Eschenbrenner
Harris Faberman
Martin Factor
Ruth Feiertag
Jennie Feiger
Jake Feldman
Jane Feldman
Tobi Firtel
Marge Fisch
Ellen Fischler Gaba
Erik Folkerts
Meredith Fort and Mario Ceron Valdes
Ayn L. Fox
Curt Fraser and Shana Morrison
Lee and Judy Frank
Elaine and Robert Franzblau
Peter Freedman
Melanie Freedman
Julie Freshman
Julie Frieder
Lisa and David Friedman
Sandy and Steve Friedman
Kaitlyn Frost
Lisa Galt Hayutin
Amanda Gansciu
This list includes all donors who contributed to High Holidays through September 22, 2022. We sincerely apologize for any misspellings, errors, or omissions. Please contact us and we will correct it in future publications.
Looking for a Customized Be Mitzvah Experience?

What’s in a name?
Be Mitzvah is a more expansive term that focuses on Be-coming and Be-ing. It is also a way to express the importance of gender inclusivity.

Who is in our program?
Students identifying as interfaith, LGBTQ+, students of color, Jew"ish", Jewish, and more. Everyone is welcome!

What does it Look Like?
A Be Mitzvah ceremony includes discovery and radical hospitality. It is experiential, meaningful, personal, creative, and connected.

Who are our educators?
Our team of educators include Rabbis and Experiential Educators whose backgrounds are as diverse as our students.

What’s in a ceremony?
Ceremonies are distinct and meaningful as each student shares their version of Torah through Biblical texts, hikes, art, and more.

To learn more: email Amy Kopkin Atkins at Amy@judaismyourway.org or go to www.judaismyourway.org/otbm
MAKE A BIG IMPACT WITH A MONTHLY GIFT.

The Supporters Circle is dedicated to helping make Judaism Your Way a pillar for helping everyone who seeks a connection to Jewish life. Supporters Circle partners make automatic donations every month, helping Judaism Your Way provide more transformative Jewish experiences and sustain our work all year round.

Thanks to a generous match from the Terry Dudnick Taffer Memorial Fund, each new Supporters Circle commitment will unlock an additional

$500 in support, increasing your donation’s impact!

JOIN THE SUPPORTERS CIRCLE TODAY AND HELP US CREATE A WORLD WHERE EVERYONE WHO SEeks A CONNECTION TO JEWISH LIFE IS WELCOMED AND EMBRACED.

$500 in support, increasing your donation’s impact!

TERRY DUDNICK TAFFER MEMORIAL FUND

Join the Supporters Circle today and help us create a world where everyone who seeks a connection to Jewish life is welcomed and embraced.

To join Supporters Circle, please contact Amy Leszman at AmyL@judaismyourway.org.

Thank you to our current Supporters Circle partners!

Victor Ament
Jeremy Anderson
Susan and Jan Boer
Kelly Baug and Richard Sugar
Nancy and Alan Bieber
Stuart Borne and Bronwyn Long Borne
Sarah Bunn
Leslie Canges
Carol Chazdon and Robert Amend
Robin and Rob Chalecki
Rachel Claret
Howard Cohen
Silvia and Michael Dorsky
Henry Dubroff
Justin I Gault and Angelique Vinther
Marc Geman
Jim and Deb Golanty
Joel Rosenstein and Holly Brown
Leslie Kalechman
Ruth Levin
Marjorie and Michael Levine-Clark
Brian and Lindsay Morgan
Melinda Quiat and Kevin Christensen
Richard and Selma Reed
Cade Rosenberg
Jamie and Jon Sarche
Jodie and Dan Skodol
Mandi and Larry Solat
Fran Taffer and Ian Kearns
Judi Von Gaia
Andy and Tanya Weinberg
Tara and Ed Witterholt
Sharee Feldman Zeff and Michael Zeff

This list includes all supporter circle partners through September 22, 2022. We sincerely apologize for any misspellings, errors, or omissions. Please contact us and we will correct it in future publications.
At Judaism Your Way, we’re an open tent, embracing everyone who seeks a connection to Jewish life. Every day, we share transformative Jewish experiences and recognize ourselves as part of something relevant, whole, and sacred. There are many ways to be Jewish. At Judaism Your Way, we respect and include them all.

Judaism Your Way is an independent, Colorado-based Jewish nonprofit organization creating innovative approaches to including Jews and loved ones in Jewish community. Our unique organizational model allows us to deliver meaningful and relevant Jewish experiences without a building, membership, or dues. Our local Jewish community is increasingly diverse, and Judaism Your Way models how expanding our reach and sharing the best of Jewish history, faith, and culture strengthens us all.

Services and programs are designed to create transformative Jewish experiences for Interfaith couples and families; LGBTQ+ individuals; couples and families; Jews and loved ones of color; Cultural Jews; Spiritual seekers; People whose identity includes Judaism and other traditions and EVERYONE!

To learn more, visit www.judaismyourway.org.