HIGH HOLIDAYS
Return to Joy
with Judaism Your Way

YOM KIPPUK

October 5

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We are so grateful to gather for these High Holidays with you. Whether you’re joining us online or in the tent, we hope this time together uplifts your spirit and brings you joy.

At Judaism Your Way, we’re an open tent, embracing everyone who seeks a connection to Jewish life. Whether this is your first or your 100th time in Jewish space, we welcome you exactly as you are, with only love and appreciation, and without judgment. We invite you to drop your shoulders, open your heart, take a deep breath, and simply be.

Rosh Hashanah celebrates the creation and re-creation of the world. May these services help us to commit more deeply to the necessary re-creation unfolding – personally, nationally, globally. Yom Kippur invites us to practice the healing power of teshuvah – returning to integrity, and recommitting to what is most meaningful and true in our lives.

Many of us struggle with a dominant metaphor of the Sacred: God as a big powerful man. Fortunately, Judaism offers a colorful palette of alternative metaphors for the Sacred: Place, Presence, Voice, Fire, Cloud, Water, Rock, Oneness, Wholeness, Love, and Emptiness. You’ll encounter these metaphors throughout our services, and we hope you find a metaphor that spiritually moves you.

If you are new to our community, welcome and don’t worry! Your service leaders will be your guides. Please take care of your needs, whatever they may be, during services. You’re welcome to get up, stretch, move, and wander if you want.

May our services help you connect deeply and return to joy during these High Holidays and throughout the year ahead.

*L’shanah tovah! Blessings for a sweet new year.*

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**WELCOME: YOUR PRESENCE IS A BLESSING**

Rabbi Caryn Aviv

Rabbi Amanda Schwartz

Student Rabbi Dan Yolles
SONG FOR THE DIVINE MOTHER OF THE UNIVERSE

Sweet mother I’m coming home
Now I know I’m not alone, cause I’ve been far
Now I’m close, sweet mother I’m coming home.

Tell me mother can you hear me sing
This love is everything
Heart and soul, breath and skin, this love is everything.

Oh mother, please hold me tight.
Cause mother I need some help tonight
What went wrong, will soon be right,
Oh mother, please hold me tight.

Ben Lee

BLESSING FOR ALLIES AND LOVED ONES

May everyone who shares in a Jewish life feel welcomed and integrated.

We are deeply grateful to all who have cast their lot with Jewish people, and for the love and support you give to your Jewish partners and families.

We know families come in all forms.

We offer thanks to those who are raising children with Judaism.

We are a very small people, and history has made us smaller.

We pray with all our hearts that the gifts and blessings you have given to your family, to the Jewish community, and to Jewish people will come back to you and fill your life with joy and fulfillment.

Adapted from Rabbi Janet Marder
TALLIT KAVANNAH

A tallit represents the world.
Its four corners are the outer reaches of the known.
Its fringes are the subtle teasing of the unknown.
To stand wrapped in a tallit is to take your place in the world.
To stand wrapped in a tallit is to take responsibility.

Rabbi Rami Shapiro

TALLIT BLESSING

ברוך אתה יהוה אלוהינו מלך העולם
อนาך קדמוננו במצווה וציוון להתחפץ בציצית

Baruch atah Adonai, Eloheinu melech ha-olam, asher kidshanu b’mitzvotav vitzivanu l’hitateif ba-tzitzit.

Blessed are You, Life Unfolding, our God, in this place and this time, wrapping us in holiness and love within the tallit.

MODEH ANI

מדה אני לפניך רוח וחי וק الدم ח tươiת וב נשמה בlehem, בlehem

Modeh ah-nee lifanecha, Ru-ach chai v’kayam, she-hechezarta bee nishma-tee b’chemlah, b’chemlah rabbah emunatecha.

Modah ah-nee lifanecha, Ru-ach chai v’kayam,

I’m thankful before the Universe, because my life/breath/spirit has returned within me, my soul has been restored with compassion and faithfulness.

Music by Rebekka Goldsmith
Ashrei, yoshvei veitecha, od ye’halleluchah, selah! (x2)

Happy are those who sit together in the house of the Sacred, let’s sing our gratitude for being with each other!

Psalm 145
Music by Rebekka Goldsmith

ONE VOICE / BARCHU

This is the sound of one voice.
One spirit. One voice.
The sound of one who makes a choice.
This is the sound of one voice (x2)

This is the sound of voices two.
The sound of me singing with you.
Helping each other to make it through.
This is the sound of voices two (x2)

This is the sound of voices three.
Singing together in harmony.
Surrendering to the mystery.
This is the sound of voices three (x2)

This is the sound of all of us.
Singing with love and the will to trust.
Leave the rest behind it will turn to dust.
This is the sound of all of us (x2)

This is the sound of one voice.
One people. One voice.
A song for every one of us.
This is the sound of one voice (x2)

The Wailin’ Jennys
AHAVAH RABAH / ABUNDANT LOVE

What is great love?
A love that reaches deep inside our hearts and minds and never departs. An expanding, continually surpassing compassion that flows toward and within us. Those who came before us were blessed to learn how it truly is. So may we have the merit to be open to this learning.

May we know that we are held in an embrace. May we become still. Still enough to hear, still enough to get clear, still enough to know suffering and its release. May we embody this wisdom. May it shine from our eyes as the love that it is.

Rabbi Sheila Peltz Weinberg

SH’MA / LISTEN

שמע ישראל יהוה אלהינו יהוה אחד:
Barchu et Adonai ham’vorach.
Blessed is the Source of infinite blessing which has many and no Names, throughout time and space

Baruch Adonai ham’vorach l’olam va-ed.
through all time and space.

Sh’ma yisrael,
Listen, those who dance with the Divine,

Adonai eloheinu Adonai echad!
The Source of our being is one!

Baruch shem kevod malchuto,
Blessed is the Presence whose splendor shines,

le’olam va’ed.
Deuteronomy 6:4
V’AHAVTA / YOU WILL LOVE

When you love with your whole heart, your whole being and all that you do, these teachings cannot help but connect your heart today - to your interactions with your children and in all the ways that you rest and move, dream, and wake. Therefore create practices to remind you to dedicate to love all you do with your hands, and conceive with your mind, bringing special awareness to the boundaries of your homes, your communities, and your imaginations.

Deuteronomy 6:5-9
Translation by Rabbi Brian Field

MI CHAMOCHAH

Freedom, Freedom, Freedom, Freedom!

Who is like You among all that people worship, Adonai?
Who is like You, majestic in holiness, awesome in praise, doing wonders?

Melody by George Michael
ADONAI SEFATAI TIFTACH

Adonai sfatai tif-tach u-fi yagid t’hilatecha.
Adonai, open up my lips, so I can voice my awe and wonder.

Psalm 51:17
Music by Beit Tefilah Yisraeli

INTERPRETIVE YOM KIPPUR AMIDAH

You are asked to stand and bow your head, consider the harm you’ve caused, the respect you’ve withheld, the anger misspent, the fear spread, the earnestness displayed in the service of prestige and sensibility, all the callous, cruel, stubborn, joyless sins in your alphabet of woe, so that you might be forgiven.

You are asked to believe in the spark of your divinity, in the purity of the words of your mouth and the memories of your heart.

You are asked for this one day and one night to withhold from your body so your soul can feast on faith and contemplation.

You are asked to forgive the past and remember the dead, to gaze across the desert in your heart toward Jerusalem.

To separate the sacred from the profane and be as numerous as the sands and the stars of heaven.

To believe that no matter what you have done to yourself and others, morning will come and the mountain of night will fade.

To believe, for these precious few moments, in the utter sweetness of your life.

You are asked to bow your head and remain standing and say Amen.

Philip Schultz
ברוך אתה, ה' אלוהי אבותינו מורמונים, ה' אלהינו, ה' אביהו.
יוצר, ה' אחיו, ה' אחיו שלום, ה' רבקה, ה' רחל והאלהים
לאוה. ה' הявление הגדולה והנورية, ה' עליון, ה' חסד וטיבה.
והנה כל, ה' חסידיaceous, ה' יוחסין, ה' חסידיים, ו לקוח ונינו בנינו,
למען שמע נבנאת. זכור חיות, ה' חסידיים, זוכרים ובسفر
הימים, למעין אלהים חיות. ה' חיו ומשישים ועוף. ברכה אתה, י"ע
منهج אדם וצורת שרה.

Power
אתה גיבור עדולם אדוני, מחייה מתיהם אתה, ובר חיות. מכלל
חיים בקסדה, מחייה מתיהם ברקמים רבים, סומך עלפופים, וوافق
שלים, מחייה מתיהם, ו мягкם אומנותו לילש יער, מי כומר על
הברחים ומי גוזא לך, מחייה מתיהם ומחייה מתיהם ושעוה:
מי כומם בך הרקמים, זוכרים צורות לחים ברקמים. נאמה אתה
לחיית מתיהם. ברכה אתה, י"ע, מחייה המתים.

Sanctification
אתה קודש ושמע Kodosh, וקדושים בכל יım חלוקה שala.
ובכם מוכ פחתך יי אלהינו על כל-מעשיו ואimony על כל-מה.
שבראת ונטורו כל-מעשיהם וישתחו לפני כו-הברואים ו PreparedStatement
כלם ארצהạch נטש使之 רצexampleInput לבב שלם כמי שידעתו יי אלהינו
שהשלתנו לפלני על בתיו ובמים ישמך שם נוא על כל-מה.
שבראת:

ובכם מוכ בך יי נטש使之 לארץ ושמש על станов במעה בימינו:
למיים ли"ע שממה לארץ ושמש על עץ במעה בימינו.
Sanctifying This Day

At your love for us, for righteousness in your commandments and in your greatness and sanctity you called us. Give us to our God, our Father and our Mother, to go up, to come, to enter, to remember, to think, to recall the memory of our ancestors and of our mothers and the memory of the Messiah and all of your holy names on that day, on that day of atonement:

Recall us, O our God, our Father and our Mother, do not abandon us, do not forsake us, do not humiliate us, do not break the covenant with us, teach us your ways, make us love your name and love your Torah with truth and with a whole heart and for your sake great forgive and pardon us, for you are a king full of compassion and mercy:

Our God and the God of our ancestors, do not abandon us and do not forsake us and do not laugh at us, and do not break your covenant with us, teach us your ways and love your name, and return to you in truth and with whole heart and for your sake great forgive and pardon us.
Acceptance

רце, יי אלהינו, בישארלוולחב חפץיכם באנחת חסמתכם לכל החיות, והחיים ברחמים.

 Mourer, יי אלהינו, שנהמר תפילתכם באור אחר חכמה, והחיים ברוחמים.

Thanksgiving

מודים אתנו לך, שאתה הוא, יי אלהינו וואלהיראו הנ芫ך, לעבלך, צור חיות, מגן י죠ון, אתה הוא לוח צור, גובך לך המסר

 תחלקה, על חיות המוסורין ביבך, על בשומטום הפוקדות לך, על נסיך שבכלי של עמו, על פלךCVE וה.CompareToיך, שבכלי, על

 ערב בוקר וה, חנות, כי לא כל רحماו, וramerו, כי לא חיה

מסדרי, מעלול כים לך.

Shalom

שימ שלום טובת וברכה, חנוקד והחמם, עלינו ועל כל ירא

 שמך. ברכון, אבונך, כלניך כהון בואר פניך, כי בואר פניך נחつか

 על, יי אלהינו, חתך חים ביבך, וצדקה ביבך והחמם

ותים ישראל, וזה בועניך לבך, ואת ישראל ואת-כל-העם-

און על ישראל, והשלום על כל עמים. ברוך אתה ושם

על השלום.

בשפת חים, ברכה, שלום, וברכה טובת,核定 וכבוד לפקה,

אנון לכל ירא שמה, חלימים טובים ושלום. ברוך אתה ושם

השלום.
Open my lips, Beloved One, and let my mouth declare Your praise.

Blessed are You, Eternal our God, God of our ancestors, God of Abraham, God of Isaac, God of Jacob, God of Sarah, God of Rebecca, God of Rachel, and God of Leah, great, heroic, awesome God, supreme divinity, imparting deeds of loving-kindness, begetter of all, mindful of the devotion of our ancestors, bringing, with love, redemption to their children's children for the sake of the Sacred Name. Remember us for life, our sovereign, who wishes us to live, and write us in the Book of Life, for Your sake, ever-living God. Sovereign, our help, salvation, and protector: Blessed are You, Eternal, the shield of Abraham and the help of Sarah.

You are forever powerful, Almighty One, You bring the dead to life, abundant in Your saving acts. With loving-kindness You sustain the living, bringing the dead to life with great compassion, upholding those who fall, healing the sick, freeing the captive, and remaining steadfast to those who sleep in the dust. Who can compare to You, almighty God, who can resemble You, the source of life and death, who causes salvation to grow?

Who can compare to You, source of all compassion, remembering all creatures, decreeing life! You are faithful in giving life to the dead. Blessed are You, Source of Life, who brings the dead to life.

Holy are You. Your Name is holy. And all holy beings hail You each day.

And therefore, Holy One our God, let awe of You infuse the whole of creation, and let awareness of You dwell in all Your creatures. Let every being worship You. Let all of them, as one, enact Your bidding with a whole and peaceful heart. For we have always known, Holy One, that all authority to rule belongs to You, all strength is rooted in You. Your Name alone is the source of awe that surges through all life.

And therefore, Holy One, let awe of You infuse us, let the praise of You ring out from all who worship You. Let hope enliven all who seek You, and let all who look to You with hope find strength to speak. Grant joy throughout your land, let happiness resound throughout Your holy city, soon, and in our days.

And therefore, let the just rejoice and celebrate, let all who follow in Your path sing out, let all who love You dance with joy, and may Your power overwhelm all treachery, so that it vanish wholly from the earth like smoke. Then shall the power of injustice pass away from the earth.
Holy are You, and awe-inspiring is Your Name. There is no God apart from You, as it is written: “The Creator of the hosts of heaven shall be exalted through the rule of law, and God, the Holy One, will be made sacred by the reign of justice.” Blessed are You, Eternal One, the holy sovereign power.

Remember us this day, Eternal, our God, for goodness. Favor us this day with blessing. Preserve us this day for life. With Your redeeming, nurturing word, be kind and generous. Act tenderly on our behalf, and grant us success over all our trials. Truly, our eyes turn toward You, for You are a providing God, gracious and compassionate are You.

Our God, our ancients’ God, do not forsake us, turn us away, cause us shame, nor nullify Your covenant with us, but bring us nearer to Your Torah, teach us Your mitzvot, instruct us in Your ways. Incline our hearts to treat Your name with awe, open us to Your love, and bring us back to You in truth, with whole hearts. And for the sake of Your great Name, be compassionate. Forgive us our wrongs this day of Atonement. As it is said: “I have made your sins vanish like a cloud and, like a mist, the things you have done wrong. Return to Me; it is I who have redeemed You!” And it is said: “For on this day, atonement shall be made for you, to make you free from all of your sins. Before the Eternal, you shall be pure.”

Our God, our ancients’ God, enable us to realize holiness with Your mitzvot, give us our portion in Your Torah, let us enjoy the good things of Your world, and gladden us with Your salvation. Refine our hearts to serve You truthfully. For You are a forgiving God in each and every generation. Apart from You we have no sovereign, none full of compassion and forgiveness, except You. Blessed are You, Forgiving One, sovereign of compassion and forgiveness for our wrong-doings, You who make our guilt pass away, year after year, the sovereign power over all the earth, who raises up the Day of Atonement and the people Israel to holiness.

Take pleasure, Eternal, our God, in Israel. Lovingly accept their prayer. May Israel’s worship always be acceptable to You. And may our eyes behold Your homecoming with compassionate intent, to Zion. Blessed are You, Faithful One, who brings Your presence home to Zion.

We give thanks to You that You are The All-Compassionate, our God, God of our ancestors, today and always. A firm, enduring source of life, to shield to us in time of trial, You are ever there, from age to age. We acknowledge You, declare Your praise, and thank You for our lives
entrusted to Your hand, our souls placed in Your care, for Your miracles that greet us every day, and for Your wonders and the good things that are with us every hour, morning, noon and night. Good One, whose kindness never stops, Compassionate One, whose loving acts have never failed - always have we placed our hope in You.

For all these things, Your Name be blessed and raised in honor always, sovereign of ours, forever. And write down for a good life all who share Your covenant. Let all of life acknowledge You! May all beings praise Your name in truth, O God, our rescue and our aid. Blessed are You, Compassionate One, whose Name is good, to whom all thanks are due.

Grant peace, goodness and blessing in the world, grace, love and compassion over us and over all who are in awe of Your Name. Bless us, Source of Being, all of us, as one amid Your light, for by Your light, Eternal, our God, You give to us Torah of life, and love of kindness, justice, blessing, compassion, life and peace. So may it be a good thing in Your eyes, to bless Israel and all peoples, with abundant strength and peace.

In the book of life, blessing, and peace, and proper sustenance, may we be remembered and inscribed, we and all who are in awe of Your Name, for a good life and for peace. Blessed are You, Compassionate One, maker of peace.

OSEH SHALOM

הושה שלום במרומיו, והא יעשה שלום עליינו.
ועל כל ישראל, והא כל עולם תברא זואר ואמר:اقמה.

May the One who makes peace in all the worlds, help us to create peace among all our people and among all living beings.

Oseh shalom bimromav
Oseh shalom bimromav,
hu ya’aseh, hu ya’aseh, hu ya’aseh shalom,
Hi ta’aseh, hi ta’aseh, hi ta’aseh shalom,
Hu ya’aseh, hu ya’aseh, hu ya’aseh shalom, aleinu,

May the one, may the one who makes peace, Bring peace down, bring peace down.

Music by Elana Jagoda
On Rosh Hashanah it is written, on Yom Kippur it is sealed:
That this year people will live and die,
some more gently than others
and nothing lives forever.
But amidst overwhelming forces
of nature and humankind,
we still write our own Book of Life,
and our actions are the words in it,
and the stages of our lives are the chapters,
and nothing goes unrecorded, ever.

Every deed counts.
Everything you do matters.
And we never know what act or word
will leave an impression or tip the scale.

So if not now, then when?
For the things we can change, there is t’shuvah, realignment,
For the things we cannot change, there is t’filah, prayer,
For the help we can give, there is tzedakah, justice.
Together, let us write a beautiful Book of Life
for the Holy One to read.
ASHAMNU

We have hurt others.

We have betrayed people who trusted us.

We have stolen people’s money, time or goodwill.

We have used words as weapons.

We have led others to wrongdoing.

We have encouraged others to commit wrong.

We have refused to admit our mistakes.

We have manipulated other people.

We have preferred lies rather than truth.

We have set bad examples.

We have lied.

We have demeaned others.

We have created drama.

We have lost integrity.

We have debased ourselves.

We have been untruthful to get what we want.

We have ignored the needs of others.

We have violated other people's boundaries.

We have hurt ourselves and others.

We have been violent.

We have let our impulses rule us.

We have degraded ourselves.

We have lost our way.

We have led others astray.
We get caught in old patters and paradigms...

By allowing our bodies to be an afterthought too often and too easily;
By eating in our cars and at our desks, mindlessly without blessing;
By not embracing those who needed it, not allowing ourselves to be embraced;

By letting our emotions run roughshod over the needs of others;
By hiding love, out of fear of rejection, instead of giving love freely;
By dwelling on what’s internal when the world is desperate for healing.

For our failures of truth, for our failures of love, for our failures of justice,
we ask forgiveness and the ability to overcome them.

V'al kulam eloah slichot: S'lach lanu, m'chal lanu, kapper lanu.

By reading words of vitriol, cultivating hot indignation;
By not considering another point of view;
By letting anxiety rule us;
By not being awake and grateful, despite uncountable blessings;
By not being sufficiently gentle, with our actions or our language;
By not being generous with our time, with our words, or with our being.

For our failures of truth, for our failures of love, for our failures of justice,
we ask forgiveness and the ability to overcome them.

V'al kulam eloah slichot: S'lach lanu, m'chal lanu, kapper lanu.

Eternal Source of Forgiveness, help me know myself to be forgiven.
Help me feel in my bones that I’m already at one with You.

Rabbi Rachel Barenblat
Avinu Malkeinu, chaneinu va’aneinu (x2)
ki ein banu ma’asim
Asei imanu tzedakah va-chesed (x2)
v’hoshi-einu.

Our Creator, Our Guardian, be gracious and respond to us, for we have too few good deeds; act toward us with justice tempered by love, and help us be whole.

Our Compassionate One, Our Just One, forgive us for the sake of Your Name.

Our Rock, Our Redeemer, renew for us a good year.

Our Rescuer, Our Hope, help us find courage and hope within us.

Our Mother, Our Life’s Breath, remove from all your children disease, war, famine, exile and destruction.

Our Divine Presence, Our Soul, forgive us and help us forgive ourselves for all of our wrongdoing.

Our Help, Our Guide, may we return to you in whole hearted repentance.

Our Friend, Our Beloved, remember us with favor.

Our God, Our Leader, accept our prayer in favor and with mercy.

Our Mother, Our Life’s Breath, hear our voices, show us mercy and compassion.

Our Divine Presence, Our Soul, inscribe us in the book of reconciliation.

Our Eternal One, Our Redeemer, inscribe us in the book of merit.

Our Friend, Our Beloved, inscribe us in the book of good life.

Our Creator, Our Guardian, be gracious and respond to us, for we have too few good deeds; act toward us with justice tempered by love, and help us be whole.

Adapted from Kedem Congregation
THE THIRTEEN ATTRIBUTES OF LOVING-KINDNESS

Adonai Adonai
El rahum v’chanun.
Havayah, Havayah
Compassion and tenderness.

Erech apayim
v’rav chesed v’emet
notzer chesed l’alafim.
Patience, forbearance,
kindness, awareness,
bearing love from age to age.

nosei avon va-fesha
v’chata-ah v’nakei.
Lifting guilt and mistakes
and making us free.

יהוה יהוה אֵל רַחוּם وְחַנֻן
אֶרֶךְ אַפַּיִם וְרַבּ-חֶסֶד וֶאֶמֶת
נֹצֶר חֶסֶד לָאֲלָפִים
נֹשֵׂא עָוֹן וָפֶשַׁע וְחָטָאָה וָנַקֵה:
Exodus 34:6-7
Translation by Rabbi Burt Jacobson

BLESSING BEFORE THE TORAH READING

Bless the Unfolding of Life!
Blessed is the Unfolding of Life, in this moment and all moments!

Blessed is the Source of Time and Space
Unfolding in all worlds,
choosing us together with all peoples / bringing us closer to the Sacred*
with the gift of Torah.

We bless You, Holy One, giving us Torah.
Blessed is the Source of Time and Space Unfolding in all worlds, Planting within us a Torah of evolving wisdom.

We bless You, Holy One, giving us Torah.

Baruch atah Adonai eloheinu melech ha-olam, asher natan lanu torat emet, v'chayei olam nata b'tocheinu. Baruch atah Adonai, notein ha-torah.

* We offer the description expressed in Renewal congregations - asher bachar banu im-kol ha-amim (choosing us together with all peoples) as well as the description expressed in Reconstructionist congregations - asher kervanu la'avodato (bringing us closer to experiencing the Divine), instead of the conventional description of the Divine as asher bachar banu mi-kol ha-amim (tr. who has chosen us from all peoples).
These are the laws and rules that you must carefully observe in the land that Adonai, God of your ancestors, is giving you to possess, as long as you live on earth.

You must destroy all the sites at which the nations you are to dispossess worshipped their gods, whether on lofty mountains and on hills or under any luxuriant tree.

Tear down their altars, smash their pillars, put their sacred posts to the fire, and cut down the images of their gods, obliterating their name from that site.

Do not worship your God Adonai in like manner, but look only to the site that your God Adonai will choose amidst all your tribes as God's habitation, to establish the divine name there. There you are to go,
and there you are to bring your burnt offerings and other sacrifices, your tithes and contributions, your votive and freewill offerings, and the firstlings of your herds and flocks.

Together with your households, you shall feast there before your God Adonai, happy in all the undertakings in which your God Adonai has blessed you.

SECOND ALIYAH - DEUTERONOMY 12:8-11

You shall not act at all as we now act here, each of us as we please, because you have not yet come to the allotted haven that your God Adonai is giving you.

When you cross the Jordan and settle in the land that your God is allotting to you, and [God] grants you safety from all your enemies around you and you live in security,
And you shall rejoice before your God Adonai with your sons and daughters and with your male and female slaves, along with the family of the Levite in your settlements, for he has no territorial allotment among you.

Take care not to sacrifice your burnt offerings in any place you like, but only in the place that Adonai will choose in one of your tribal territories. There you shall sacrifice your burnt offerings and there you shall observe all that I enjoin upon you.
May the Source of strength who blessed the ones before us
Help us find the courage to make our lives a blessing
And let us say: Amen.

\textit{Mi Shebeirach imoteinu m’kor ha-bracha la-avoteinu}

Bless those in need of healing with refuah shleimah
The renewal of body, the renewal of spirit
And let us say: Amen.

\textit{I SWEAR ON MY LIFE}

The world is full of remembering and forgetting like sea and dry
ground. Sometimes memory is the dry ground, solid and enduring, and
sometimes memory is the sea that covers everything like the Flood;
and forgetting is the dry ground, that rescues like Ararat.

When a man dies, they say of him, “He was gathered unto his
ancestors.” As long as he is alive, his ancestors are gathered within him;
each and every cell of his body and soul is an emissary of one of his
countless ancestors from the beginning of all the generations.

\textit{EL MALEI RACHAMIM}

God, full of mercy, Who dwells in the highest places, grant perfect
repose beneath the wings of Your presence, amongst the holy and pure
ones who shine as brightly as the sky, to _____, who has gone to his/her/
their eternal home. Please, Masterful One of mercy, keep him/her/them
with You forever, and let his/her/their soul be bound up in the bond of
eternal life.

\textit{El malei rahamim, shochein ba-m’romim, ham’tzei menuḥa nechona
taḥat kan’fei ha-sh’china.}

Melody by Rabbi Shir Yaakov Feit
PRIVATE YIZKOR REFLECTIONS

In remembrance of a man:

Yizkor Elohim et nishmat __________________ she’halach l’olamo.

Let ____________ , who has entered eternity, be remembered in blessing. In loving testimony to his life, I dedicate myself to deeds of justice and loving-kindness. Through such deeds is he bound up in the continuum of life. Love is stronger than death, and our bonds are eternal. May these moments of reflections link me more strongly with his memory. May he rest eternally in dignity and peace. Amen.

In remembrance of a woman:

Yizkor Elohim et nishmat __________________ she’hal’chah l’olama.

Let ____________ , who has entered eternity, be remembered in blessing. In loving testimony to her life, I dedicate myself to deeds of justice and loving-kindness. Through such deeds is she bound up in the continuum of life. Love is stronger than death, and our bonds are eternal. May these moments of reflections link me more strongly with her memory. May she rest eternally in dignity and peace. Amen.
In remembrance of someone non-binary:

Yizkor Elohim nish’mat _____ she-hal’che le-olameh.

Let _________, who has entered eternity, be remembered in blessing. In loving testimony to their life, I dedicate myself to deeds of justice and loving-kindness. Through such deeds they are bound up in the continuum of life. Love is stronger than death, and our bonds are indissoluble. May these moments of reflections link me more strongly with their memory. May they rest eternally in dignity and peace. Amen.

Yizkor for a Beloved Pet

In sorrow and love
I/We remember ____________ (pet’s name)
Who provided [years of] companionship
And endless joy.
You were more than a pet to me/us,
Becoming a member of my/our family,
Providing consolation in times of loss,
Giving me/us laughter and delight
And a sense of well-being,
Rich with memories,
Rich in love.

Let my/our memories of the time/years together
With ____________ (pet’s name)
Be an endless source of wonder
In tribute to his/her memory.

Alden Solovy
Yizkor for Someone I Wish I Knew Better

I stand today grasping at shadows, remembering ______________, someone who I wish I knew better. During their life, I knew only a fraction of their many identities.

Why is it that I couldn’t know them more fully? Was it that at times some of their identities pushed me away or made me recoil? Was it that there was not enough time? Or, that the time we had together, we did not make as worthwhile as it could have been getting to know one another?

I feel the loss not only of them but of missed opportunities.

*Baruch, Dayan HaEmet*, Blessed is the infinite knower, only you can know all of our complexities fully. Bring comfort to me, that what I knew about my loved one is enough. Remind me that whatever memories I have, are sources of blessings, even if I need to seek out the blessings in those memories. And though _______________ is no longer with me on earth, let my relationship with them continue to grow. May I continue to better understand them with time and as I continue to understand myself.

*Shechina*, surround the many identities of my loved one in your wings. Let them forever be sheltered in your compassionate all knowing presence and let their many identities be united into a whole, a sense of shalom.

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**KADDISH POEM**

The Kaddish is about opening the window
Not looking through the glass but opening the window.
The window of the heart, the window into not knowing.
Opening the window on fear and love.
Opening the window on time and space.
Just that.
Opening the window
To the moment that is just this.
Opening the window to the name. The great name.
No name.
Amen.

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Rabbi Sheila Peltz Weinberg

Rabbi Amanda Schwartz
MOURNER'S KADDISH

Yitgadal v’yitkadesh sh’meye raba b’almah divra chirutei v’yamilich malchutei b’chayei yiechon u-v’yom-eichon u-v’chayei d’chol beit yisra-elim ba-agala u-vizman kariv v’imru amen.

Y’hei shmei raba m’vorach l’alam ul-almei almaya.

Yitbarach v’yishtabach v’it’pa-ar v’yitromam v’yitnasei v’yithadar v’yit-haleh v’yithalal sh’mei d’kudsha b’rich hu.

L’eilah, l’eilah mikol birchata v’shirah tush-b’chata v’nech’mata da-amiran b’alma v’imru amen.

Y’hei shlama raba min sh’maya v’chayim aleinu v’al kol yisra-el v’imru amen.

Oseh shalom bimromav hu ya-aseh shalom aleinu v’al kol yisra-el v’al kol yoshvei teivel v’imru amen.

Make the God-name big. Big and holy. Do it in this world, this creation, sprung from consciousness and bring some order to this. Do it fast, soon, in our lives, in the days ahead. Amen.

May the Name be blessed, forever and ever.
Yes, blessed! Blessed, whispered, sung out, shouted, honored, this holy name. The name is beyond any song, poem or comforting words we could ever speak. Everybody say: **That’s the truth!**

May a big peace descend from the heavens for all beings and say: **May it be true.**

Make that peace in the heavens, Great One who creates wholeness. Everybody say: **Amen. May it be true.**

*Translation by Rabbi Daniel Brenner*

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**ALEINU**

Down.
We see what we have created.
Up.
We see where we can go.
Behind.
We see what we know.
Forward.
We see what we can learn.
Together.

*Rowan Ingraham*  
*Judaism Your Way Open Tent Be Mitzvah Student (2021-2022)*

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**VA’HASHEIVOTA / YOU SHALL RETURN**

וַהֲשֵׁבֹתָ אֶל לְבָבֶֽךָ, כִּי יהוה הוּא הָאֱלֹהִים

וְנֶאֱמַר וְהָיָה יהוה לְמֶלֶךְ עַל כָּל הָאָרֶץ.

בַּיוֹם הַהוּא יִהְיֶה יהוה אֶחָד וּשְׁמוֹ אֶחָד:

You shall return to your hearts, for Being and Becoming is God. With reverence and thanksgiving we accept our destiny the day on which all will be one.

*Deuteronomy 4:39; Zechariah 14:9*  
*Music by Rabbi Shir Yaakov Feit*
AFFIRMATION OF ONENESS AND CONNECTION

Shma yisra-el Adonai Eloheinu Adonai echad.
Listen, God-wrestlers, the Unity beyond names is all One.

ברוך שם קבוד מלכותו לעולם ועד:
Baruch shem k’vod malchuto l’olam va-ed. (x3)
Blessed is this Name whose Presence shines through all time and space.

יהוה האלוהים:
Havayah ha-Elohim.
Being is God.

יהוה יהוה:
Havayah Adonai.
Being is Threshold.

יהוה הרחמנ:
Havayah HaRachaman.
Being is Compassion.

יהוה המקדש:
Havayah HaMakom.
Being is Presence.

יהוה רוח העולם:
Havayah Ruach Ha-olam.
Being breathes the World.

יהוה מקור החיים:
Havayah M’kor ha-Chayim.
Being is the Source of Life.

יהוה השכינה:
Havayah Ha-Shechinah.
Being is Within.
PRIESTLY BLESSING

Holy One, Bless you and guard you.

May the Presence shine the light upon you.

May the love face you and keep you, sheltered in an endless peace.


English lyrics and music by David Ross

ONE DAY / ALEINU

Sometimes I lay under the moon
And thank God I’m breathin’
Then I pray, “Don’t take me soon
‘Cause I am here for a reason.”

Sometimes in my tears I drown
But I never let it get me down
So when negativity surrounds
I know some day it'll all turn around because

All my life I've been waitin' for
I've been prayin’ for
For the people to say
That we don’t wanna fight no more
There'll be no more war
And our children will play

One day, one day, one day, oh
One day, one day, one day, oh
It's not about win or lose, 'cause we all lose
When we focus on, all the pain and suffering
Witness all the struggling
Keep on movin' though the waters stay ragin'

In this maze
You can lose your way, your way
It might drive you crazy but
Don’t let it faze you, no way, no way!

Sometimes in my tears I drown
But I never let it get me down
So when negativity surrounds
I know some day it’ll all turn around because

All my life I’ve been waitin’ for
I’ve been prayin’ for
For the people to say
That we don’t wanna fight no more
There’ll be no more war
And our children will play

One day, one day, one day, oh
One day, one day, one day, oh

One day this all will change, treat people the same
Stop with the violence, down with the hate
One day we’ll all be free, and proud to be
Under the same sun, singin’ songs of freedom like

Why-ohh! (One day, one day) why-oh, oh, oh!
Why-ohh! (One day, one day) why-oh, oh, oh!

All my life I’ve been waitin’ for
I’ve been prayin’ for
For the people to say
That we don’t wanna fight no more
There’ll be no more war
And our children will play

One day, one day, one day, oh
One day, one day, one day, oh

Matisyahu
THANK YOU

We are incredibly grateful to the many individuals and organizations who partner with Judaism Your Way to make High Holidays possible both in person and online.

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This list includes all donors who contributed to High Holidays through September 22, 2022. We sincerely apologize for any misspellings, errors, or omissions. Please contact us and we will correct it in future publications.
Looking for a Customized Be Mitzvah Experience?

What’s in a name?
Be Mitzvah is a more expansive term that focuses on Be-coming and Be-ing. It is also a way to express the importance of gender inclusivity.

Who is in our program?
Students identifying as interfaith, LGBTQ+, students of color, Jew"ish", Jewish, and more. Everyone is welcome!

What does it Look Like?
A Be Mitzvah ceremony includes discovery and radical hospitality. It is experiential, meaningful, personal, creative, and connected.

Who are our educators?
Our team of educators include Rabbis and Experiential Educators whose backgrounds are as diverse as our students.

What’s in a ceremony?
Ceremonies are distinct and meaningful as each student shares their version of Torah through Biblical texts, hikes, art, and more.

To learn more: email Amy Kopkin Atkins at Amy@judaismyourway.org or go to www.judaismyourway.org/otbm
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The Supporters Circle is dedicated to helping make Judaism Your Way a pillar for helping everyone who seeks a connection to Jewish life. Supporters Circle partners make automatic donations every month, helping Judaism Your Way provide more transformative Jewish experiences and sustain our work all year round.

Thanks to a generous match from the Terry Dudnick Taffer Memorial Fund, each new Supporters Circle commitment will unlock an additional $500 in support, increasing your donation's impact!

Join the Supporters Circle today and help us create a world where everyone who seeks a connection to Jewish life is welcomed and embraced.

To join Supporters Circle, please contact Amy Leszman at AmyL@judaismyourway.org.

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At Judaism Your Way, we’re an open tent, embracing everyone who seeks a connection to Jewish life. Every day, we share transformative Jewish experiences and recognize ourselves as part of something relevant, whole, and sacred. There are many ways to be Jewish. At Judaism Your Way, we respect and include them all.

Judaism Your Way is an independent, Colorado-based Jewish nonprofit organization creating innovative approaches to including Jews and loved ones in Jewish community. Our unique organizational model allows us to deliver meaningful and relevant Jewish experiences without a building, membership, or dues. Our local Jewish community is increasingly diverse, and Judaism Your Way models how expanding our reach and sharing the best of Jewish history, faith, and culture strengthens us all.

Services and programs are designed to create transformative Jewish experiences for Interfaith couples and families; LGBTQ+ individuals; couples and families; Jews and loved ones of color; Cultural Jews; Spiritual seekers; People whose identity includes Judaism and other traditions and EVERYONE!

You can help us keep the tent open.

Donate Today!

To learn more, visit www.judaismyourway.org.